

# How do I counterbalance my 7000 and 7045 series monitor arm?

## Calibration

7/32" Allen key

**1**

**IMPORTANT!**

- Monitor must be on arm
- Arm must be in mount

**Press the arm down to approximately parallel** with the desk prior to turning the strength adjustment screw.

If the arm **drifts upward**, turn the adjustment screw clockwise.

If the arm **drifts downward**, turn the adjustment screw counter-clockwise.

Depending on the weight of your monitor, **you may have to make 15-20 turns.**

3/32" Allen key

**2**

In some instances, further counterbalance adjustments are needed to allow the arm's instant height adjustment function to work properly.

If your arm is not staying in position after performing step 1, follow these steps:

With arm in raised position, tighten set screw (A).

With arm in horizontal position, tighten set screw (B).

**Do not over tighten screws.**